

2024 Topics

Inquiries Community Health Division (TEL: 072-727-9507)

For men age 45 - 62 years old!

Antibody testing and vaccinations for Rubella measles are **free** to get **until 31 March 2025** ~gozaru!



Target Men age 45 - 62 years old (men born between 2 April 1962 and 1 April 1979)

STEP 01

Please first check if you have received a coupon.

- If you have a coupon, go to STEP 2.
- If you do not have a coupon, please use the QR code to request to resend it.



STEP 02

Search for a medical institution using the QR code and book an appointment.



STEP 03

Take an antibody test.

- Date: _____
- Month _____
- Day _____ (_____ day)
- Location: _____

STEP 04

Get your test result. If you do not have enough antibodies, get a vaccination.

- Date: _____
- Month _____
- Day _____ (_____ day)
- Location: _____

If you have enough antibodies, no action needed.

※ Coupons with an expiry date of 31 March 2022 can also be used.

Guide to Comprehensive Health Checkups ('Ningen Dock') at the Minoh City Medical and Healthcare Center

~ Get a health checkup once per year ~

Comprehensive health checkups ('Ningen Dock') are more precise and thorough than lifestyle-related disease checkups (specific checkups) as they include tests such as an electrocardiogram and abdominal ultrasound. They are helpful to detect early stages of an illness.

- Comprehensive health checkups (Ningen Dock): ¥44,440

Cost for people in the Minoh City Subsidy Program

- For people also getting a Minoh City Cancer Screening (Stomach, Lungs, Colon) (age 40 years old and over) ----- ¥31,368
- For people with Minoh City National Health Insurance age 35 - 39 years old: ----- ¥33,940
- For people with Minoh City National Health Insurance and a "Specific Checkup Coupon", also getting a "Minoh City Cancer Screening (Stomach, Lungs, Colon)" (age 40 years old and over) ----- ¥9,920

Test Information

Dates and times

- Monday, Wednesday, Thursday and 1 Saturday per month (except for public holidays and the New Year period)
- Morning times only (some optional examinations are run in the afternoon)

Tests included

- Comprehensive Tests
Diagnosis • Physical measurements • Detailed blood test • Electrocardiogram • Blood pressure • Fundus test • Urine test • Chest X-ray • Respiratory function test • Stomach X-ray • Stool test • Abdominal ultrasound • Eyesight test • Eye pressure test • Hearing test

*There may be cancellations due to COVID-19.

- Optional extensive tests
Breast cancer • Cervical cancer • Prostate cancer • Tumor marker • Lung CT scan • Hyperthyroidism • Helicobacter pylori infection • Arteriosclerosis, etc.

People with Minoh City National Health Insurance age 40 and over

On the day of your checkup please bring your National Health Insurance card and Specific Checkup Coupon (sent by the National Health Insurance Division in late April).

Inquiries National Health Insurance Division TEL: 072-724-6734 FAX: 072-724-6040

People in the Late-Stage Medical Care System for the Elderly

People in this system can receive up to ¥26,000 in assistance. Once you have paid the full cost for a comprehensive health checkup ('Ningen Dock'), please bring the following items to the Long-term Care Insurance, Medical Subsidies and Pension Division: Comprehensive health checkup billing statement, test results report, insurance card, and proof of your bank account information. You can also apply by post. For details, please contact the below.

Inquiries Long-term Care Insurance, Medical Subsidies and Pension Division TEL: 072-724-6739 FAX: 072-724-6040

You need a reservation for comprehensive health checkups.

Reservations via

Minoh City Medical and Healthcare Center

TEL: 072-727-9555

Open: Monday - Friday 10:00 a.m. - 4:30 p.m.

※ If you make a reservation before September, it is easier to reserve a specific date.



Please keep this guidebook

FY 2024 Guide to Health Checkups and Vaccinations

Health Checkup Guidebook

※ Your age is considered to be the age you turn between 1 April 2024 - 31 March 2025

Must-see for healthy people!

Get a checkup this year!

Even if you feel healthy, get a health checkup once per year! --- 2

Minoh City Cancer Screenings are all free of charge ----- 4

Vaccinations for Elderly Residents ----- 7

Must-see for moms and dads!

Find available times at a glance!

Child Vaccination and Health Checkup Calendar ----- 12

Get vaccinated! Guide to child vaccinations ----- 14

Child Health Checkup Schedule ----- 16

2024 Topics

For men age 45 - 62 years old!

Are you sure you are immune to Rubella Measles? ----- 20

Get a Comprehensive Health Checkup ('Ningen Dock') at the Minoh City Medical and Healthcare Center ----- 20

There are many illnesses that do not show obvious symptoms. Please get regular health checkups, vaccinations and take care of your health.



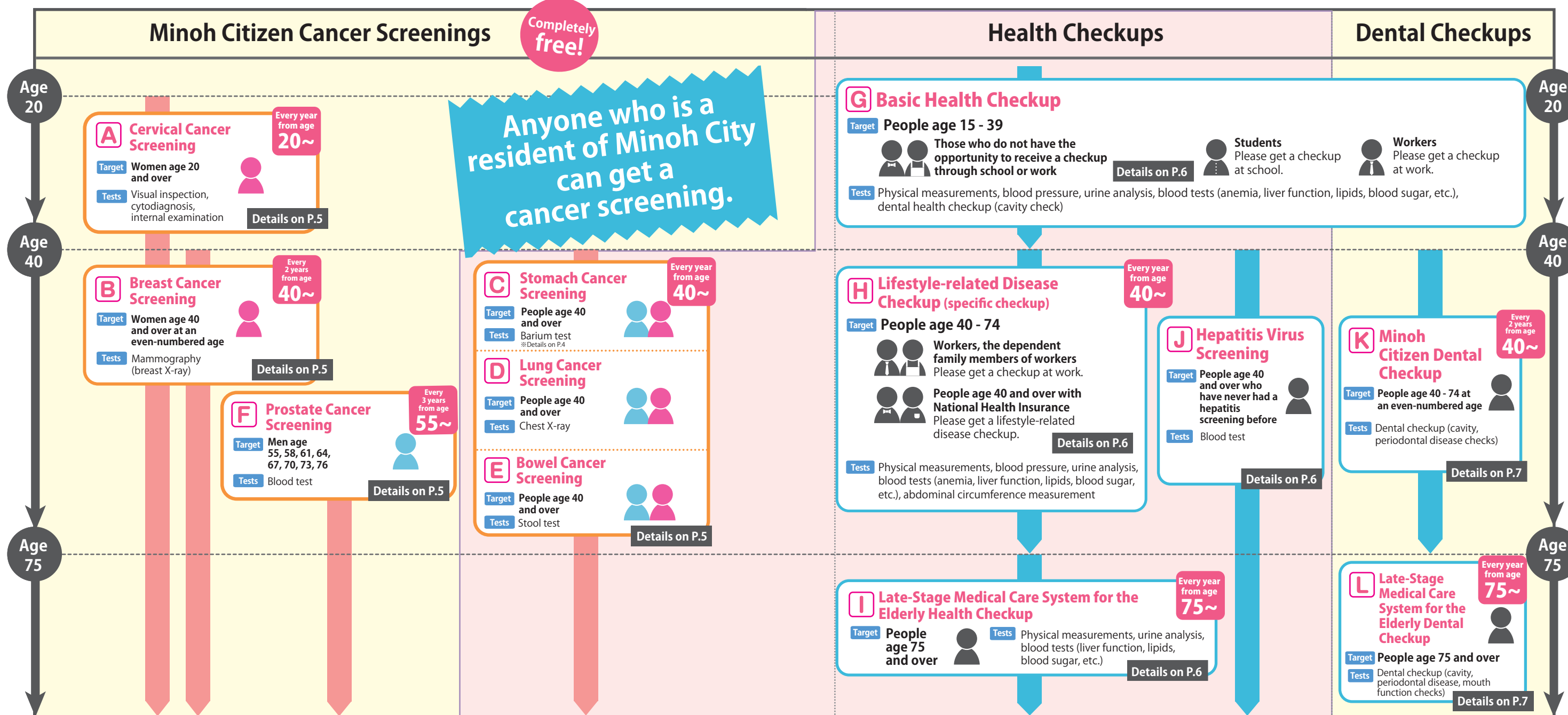
**Must-see
for healthy
people!**

Get a checkup this year!

Healthy people should get a health checkup once per year!

Lifestyle-related disease checkups and cancer screenings are strongly recommended

Even if you feel perfectly healthy, an illness can grow before you know it. Healthy people should get a free Minoh citizen cancer screening and health checkup through their workplace or Minoh City once per year to stay healthy!



Anyone who is a resident of Minoh City can get a cancer screening.



- Your age is considered to be the age you turn by 31 March 2025.
Example: someone age 40 was born between 1 April 1984 - 31 March 1985
- Please get checked at a designated medical institution (P.8) at a time that works for you.
- Checkups help to maintain and improve your health by finding and treating diseases early, but there can also be downsides (such as radiation from scan equipment). If there is anything you do not understand about it, please ask a doctor before getting checked.

Getting a Comprehensive Health Checkup ('Ningen Dock') means you can get a health checkup and cancer screening at the same time.

- We recommend that people age 40 and over get regular checkups once per year.
- Comprehensive health checkups ('Ningen Dock') cost money, but are a more detailed check of your body's health compared to a free health checkup. You can also get a cancer screening done at the same time, so it is a good deal for yourself and your time!
- Also, there is a subsidy available if you have National Health Insurance and are age 35 and over on the day of the checkup. (National Health Insurance Division TEL: 072-724-6734)

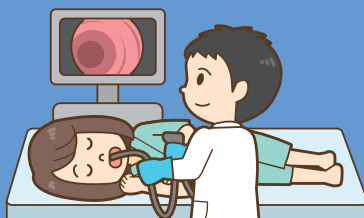
Details on P.20

Coming Soon

From April 2025,
Minoh City Cancer
Screenings will include a

Fiberoptic Endoscopy Test

※ The fiberoptic endoscopy test does not use local anesthesia and/or sedative medication except for the throat and nasal cavity (you cannot be asleep for the test).



~FY 2024
(until 31 March 2025)

Target People age 40 years and over

Details Barium test

2025~
(from 1 April 2025)

People age 50 years and over
at an even-numbered age

1 of either
barium test or
fiberoptic endoscopy test

Completely free of charge

Important From April 2025, people age **49 years and under** and **50 years and over at an odd-numbered age** cannot get the cancer screening.
If you cannot get the screening after April 2025, please get it during FY 2024.

Find breast cancer early with screenings and self-exams!

Breast cancer is the most common cancer for women. Death and diagnosis rates are higher in the 40s to 60s. Breast cancer is the only type of cancer you can find by yourself. In addition to getting a breast cancer screening 1 time every 2 years, find it early with regular self-exams!



**Check while
looking in the
mirror!**

Are your left and
right breasts
different sizes?
Are there any
reddened, inflamed
or dimpled areas?
Be sure to look
closely.



**Check by
feeling your
breasts!**

Are there any
lumps? Check
carefully by using 4
fingers to press and
stroke from below
your collarbone, all
around your breast
to your armpit.



**Check by
pinching your
nipples!**

Is there any
unusual discharge
from your nipples?
Gently pinch your
nipple with your
thumb and index
finger to check.

When ... Within 1 week after the end of your period when your breasts are soft.

Where ... In front of your bathroom mirror, in the bath, or when lying face-up in bed, so your breasts are spread out and are easier to feel.

Minoh Citizen Cancer Screenings

Letter key **T** ... Target **DT** ... Date/time **L** ... Location **A** ... Apply
B ... Bring **¥** ... Cost **D** ... Details **△** ... Precautions **O** ... Other

Screening Method

Just make a **reservation by phone** to your preferred designated medical institution (P.8 - P.9)

Bring Health Insurance Card

Cost Free

No
voucher
needed

Please say
"I'd like to get a Minoh
Citizen Cancer Screening"
(‘minoh shimin gan kenshin
wo jushin shitai desu’)



Your age is considered to be the age you turn between 1 April 2024 - 31 March 2025.

A Cervical Cancer

T Women age 20 and over

DT 1 April 2024 - 31 March 2025
(see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)

D Visual inspection, cytodiagnosis, internal examination
△ Please do not get this screening the week after starting menstruation.

B Breast Cancer

T Women age 40 and over
at an even-numbered age

DT 1 April 2024 - 31 March 2025
(see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)

D Mammography (breast X-ray)
△ * If your doctor finds it necessary, a visual inspection and palpation can also be done.
* People who have had breast enlargement surgery, have a pacemaker, are pregnant, or are breast-feeding cannot get this screening.
There are other reasons you may not be able to get this screening, so please first check with the medical institution you will be screened at.

C Stomach Cancer

T People age 40 and over

DT 1 April 2024 - 31 March 2025
(see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)

D Barium test
△ * People who are pregnant or could be pregnant, and/or have a history of intestinal obstructions cannot get this screening.
* People who have been examined at a medical institution for constipation after a barium test, and people with large intestine disorders should consult with their primary physician before the screening.

D Lung Cancer (and Tuberculosis screening)

T People age 40 and over

DT 1 April 2024 - 31 March 2025
(see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)

D Chest X-ray
△ People who are pregnant or could be pregnant cannot get this screening.

E Bowel Cancer

T People age 40 and over

DT 1 April 2024 - 31 March 2025
(see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)

D Stool test
△ Please obtain a stool sample container from the medical institution you will be screened at and collect 2 days of stool samples.
* People who have had a colonoscopy within 1 year cannot get this screening.

F Prostate Cancer

T Men turning 55, 58, 61, 64, 67, 70, 73, 76
by 31 March 2025

DT 1 April 2024 - 31 March 2025
(see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)

D Blood test
△ * People who are already having or have had treatment for prostate cancer cannot get this screening (because the reference values for the test may differ).
* Results may differ for people who have had their prostate affected by mechanical stimulus (e.g. physical injury), or are having male hair loss treatment.

Caution • If you get the same screening more than once in the same financial year, you may need to pay back the fee.
• Reservations fill up quickly in February - March every year. Please make a reservation as soon as possible.

Minoh City Health Checkups

G Basic Health Checkup

★ Medical and Healthcare Center Basic Health Checkup

Minoh City Medical and Healthcare Center TEL: 072-727-9555 FAX: 072-727-3532

T People age 15 - 39 who do not have the opportunity to receive a checkup through school or work

DT Days designated by the city (listed below)

L Minoh City Medical and Healthcare Center

A Please contact the Medical and Healthcare Center to make a reservation Monday - Friday between 10:00 a.m. - 4:30 p.m. (latest by 3:00 p.m. the day before your preferred day)

B ID that can verify your address, name and age (health insurance card, etc.)

¥ Free once per year

D Physical measurements, blood pressure, urine analysis, blood tests (anemia, liver function, lipids, blood sugar, etc.), dental health checkup (cavity check)

△ * Chest X-rays are not included.
* Cervical cancer screenings are available at the same time. (for women age 20 and over. must make a reservation)

Date	Time
12 April (Fri)	9:00 - 10:30 a.m.
10 May (Fri)	9:00 - 10:30 a.m.
21 June (Fri)	9:00 - 10:30 a.m.
5 July (Fri)	1:00 - 2:30 p.m.
9 August (Fri)	1:00 - 2:30 p.m.
6 September (Fri)	9:00 - 10:30 a.m.
4 October (Fri)	1:00 - 2:30 p.m.
1 November (Fri)	9:00 - 10:30 a.m.
6 December (Fri)	9:00 - 10:30 a.m.
10 January (Fri)	1:00 - 2:30 p.m.
14 February (Fri)	9:00 - 10:30 a.m.
7 March (Fri)	9:00 - 10:30 a.m.

★ Basic Health Checkup at a Designated Medical Institution

Community Health Division TEL: 072-727-9507 FAX: 072-727-3539

T (1) People age 15 - 39 who meet any of the below conditions

- ① have a Grade 1 or 2 Physical Disability Certificate (shintai shougai-sha techou)
- ② have an "A" (severe) Medical Rehabilitation Handbook (ryouiku techou)
- ③ have a "B1" (moderate) Medical Rehabilitation Handbook, and a Physical Disability Certificate
- ④ have a Grade 1 Mental Disability Certificate (seishin shougai-sha hoken fukushi techou)
- ⑤ are fathers, mothers, or caregivers receiving Medical Subsidies for Single Parents (hitori oya katei iryou)

(2) People age 40 and over receiving welfare benefits

(3) People age 40 - 74 who changed health insurance so could not receive a specific checkup

DT 1 April 2024 - 31 March 2025 (see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)



A Please apply at the Minoh Life Plaza main counter (TEL: 072-727-9550) or via the above QR code. A Health Checkup Coupon will be issued.
(2): There is a separate guide available from the Daily Life Welfare Division.

H Lifestyle-related Disease Checkup (specific checkup)

National Health Insurance Division
TEL: 072-724-6734 FAX: 072-724-6040



T People age 40 and over with National Health Insurance (those who are eligible will be notified)

DT When you receive a Specific Checkup coupon (from late April 2024) - 31 March 2025 (see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)
You can also see this via the above QR code.

A Please call to make a reservation at a medical institution

B The Specific Checkup Coupon issued by the city, your national health insurance card, questionnaire, etc. (please check the guide issued with the coupon)

* If you have Minoh City National Health Insurance (for this financial year) but have not received a coupon, please contact the National Health Insurance Division

¥ Free once per year

D Physical measurements, blood pressure, urine analysis, blood tests (anemia, liver function, lipids, blood sugar, etc.), abdominal circumference measurement

I Late-Stage Medical Care System for the Elderly Health Checkup

Long-term Care Insurance, Medical Subsidies and Pension Division
TEL: 072-724-6739 FAX: 072-724-6040



T People in the Late-Stage Medical Care System for the Elderly (those who are eligible will be notified)

DT When you receive a coupon for the Late-Stage Medical Care System for the Elderly Health Checkup (from late April 2024) - 31 March 2025 (see medical institution consultation hours for available times)

L Please check the guide issued with the coupon (sent by the Wide Area Union for the Late-Stage Medical Care System for the Elderly in Osaka Prefecture). You can also see this via the above QR code.

A Please call to make a reservation at a medical institution

B Late-Stage Medical Care System for the Elderly Health Checkup Coupon, insurance card

¥ Free once per year

D Physical measurements, urine analysis, blood tests (liver function, lipids, blood sugar, etc.)

J Hepatitis Virus Screening

Community Health Division
TEL: 072-727-9507 FAX: 072-727-3539

T People age 40 and over who have never had a hepatitis screening before

DT 1 April 2024 - 31 March 2025 (see medical institution consultation hours for available times)

L Designated medical institutions (see P.8 - P.9)

A Please call to make a reservation at the medical institution

¥ Free of charge

D Blood tests (testing for Hepatitis B and C)

△ We recommend getting this screening at the same time as a lifestyle-related disease/basic health/Late-Stage Medical Care System for the Elderly health checkup.

Minoh City Dental Checkups

K Minoh Citizen Dental Checkup

Community Health Division
TEL: 072-727-9507 FAX: 072-727-3539

T People at an even-numbered age between 40 - 74
◎ A coupon will be issued to those eligible.

DT When you receive a coupon for a Dental Checkup (from late April 2024) - 31 March 2025 (see medical institution consultation hours for available times)

L Designated dental clinics within the city (see P.10 - P.11)

¥ Free once per year

D Cavity/periodontal disease checks

B Minoh City Dental Checkup Coupon, ID that can verify your address and name (health insurance card, etc.)

L Late-Stage Medical Care System for the Elderly Dental Checkup

Long-term Care Insurance, Medical Subsidies and Pension Division
TEL: 072-724-6739 FAX: 072-724-6040

T People in the Late-Stage Medical Care System for the Elderly

DT When you receive a notice for the Late-Stage Medical Care System for the Elderly Dental Checkup (from late April 2024) - 31 March 2025 (see medical institution consultation hours for available times)

L Please check the guide (sent by the Wide Area Union for the Late-Stage Medical Care System for the Elderly in Osaka Prefecture)

¥ Free once per year

D Cavity/periodontal disease checks, mouth function checks

B Late-Stage Medical Care System for the Elderly Insurance Card (no coupon)

△ For people age 75 and over receiving welfare benefits, please apply at the Minoh Life Plaza main counter (TEL: 072-727-9550). A Checkup Coupon will be issued.

Vaccinations for Elderly Residents of Minoh City

Seasonal Influenza Vaccination
Covid-19 Virus Vaccination

Community Health Division
TEL: 072-727-9507 FAX: 072-727-3539

T ① People age 65 and over at the time of vaccination
② People between age 60 - 64 at the time of vaccination, and have:
- a heart, kidney or respiratory problem that severely limits daily life
or:
- the human immunodeficiency virus (HIV) which restricts the majority of daily life (Grade 1 Physical Disability Certificate (shintai shougai-sha techou) or an equivalent Doctor's certificate)

△ There is a detailed guide in a pamphlet sent with the city magazine October issue.

Letter key T...Target DT...Date/time L...Location A...Apply
B...Bring ¥...Cost D...Details △...Precautions O...Other

M Home Visit Dental Checkup

Community Health Division
TEL: 072-727-9507 FAX: 072-727-3539

T People bedridden at home (or a similar condition) age 65 and over

¥ Free once per year

D A dentist from the Minoh Dental Association can visit your house to do a dental checkup and give dental advice.

A Please call the Community Health Division to apply.

N Dental Checkup during Pregnancy

Community Health Division
TEL: 072-727-9507 FAX: 072-727-3539

T Pregnant people

DT 25 April, 27 June, 22 August, 24 October, 19 December, 27 February
From 1:30 p.m. - 3:00 p.m. (must make a reservation)

L Minoh City General Health and Welfare Center 2F

A 25 people per day (must make a reservation)
Apply via the QR code to the right.



(application QR code)

¥ Free of charge

D Cavity, tartar, and gum check

B Maternal and Child Health Handbook, Dental Checkup during Pregnancy Coupon

Pneumococcal Vaccination

Community Health Division
TEL: 072-727-9507 FAX: 072-727-3539

T ① People age 65 at the time of vaccination
② People between age 60 - 64 at the time of vaccination, and have:
- a heart, kidney or respiratory problem that severely limits daily life
or:
- the human immunodeficiency virus (HIV) which restricts the majority of daily life (Grade 1 Physical Disability Certificate (shintai shougai-sha techou) or an equivalent Doctor's certificate)

DT Between the day before your 65th birthday - the day before your 66th birthday

L Designated medical institutions within the city

△ • People who can get the vaccine will be sent a separate guide around the 15th of the month before they turn 65 years old.
• If you have not received the vaccine due to moving city, please contact the Community Health Division.
• The national transition measures have now ended, so from FY 2024, only people age 65 years old can get the vaccine. Notifications will not be sent after 5 years, so if you want to get the vaccine, please get it within this period.

Health Checkups for Adults (general health checkup / lifestyle-related disease checkup / cancer screening)

Designated Medical Institutions

Please contact each medical institution for available times.

Please apply for screenings/checkups directly to the designated medical institutions below via phone, etc.
The ● symbol shows what is available at each medical institution.
Please check dates and times with each institution.

Designated Medical Institutions (As of 1 April 2024)	Address	Telephone <small>Add prefix (072) if calling from outside the city.</small>	※1 General Health Checkup	※1 Lifestyle-related Disease Checkup	Stomach Cancer	Lung Cancer	Bowel Cancer	Cervical Cancer	Breast Cancer	Prostate Cancer	Hepatitis Virus
West Minoh											
NAKA Clinic	5-1-52 Minoh, Minoh Arcos Bldg. 1F	724-8822	●	●			●			●	●
CHE Seikeigeka Rehabilitation Clinic	5-11-4 Minoh, Minoh Puratia Bldg. 3F	725-1000								●	●
YASUFUKU Naika Clinic	5-12-71 Minoh, Park Plaza Bldg. Minoh 1F	725-8555	●	●		●	●			●	●
MINOH CHUO Hospital	6-4-39 Minoh	721-3294	●	●	●	●	●			●	●
SHIMA Kodomo Clinic	6-4-46 Minoh, Minoh Mate Bldg. 203	720-0550	●	●			●			●	●
ANEGAWA Naika	6-5-7 Minoh, Minoh Terrace Bldg. 2F	724-3767	●	●		●	●			●	●
ISHII Seikeigeka	6-5-7 Minoh, Minoh Terrace Bldg. 3F	722-0543	●	●						●	●
NOMURA Pain Clinic	6-5-7 Minoh, Minoh Terrace Bldg. 3F	723-1900					●			●	●
MIH Clinic Minoh	6-7-45 Minoh 2F	737-9275	●	●			●			●	●
KUHARA Iin	6-10-43 Minoh	737-5031	●	●		●	●			●	
YOKOI Clinic	3-17-37 Nishishoji	724-1477	●	●		●	●			●	●
MOMIJI Zaitaku Shinryojo	5-4-18 Nishishoji	720-0050	●	●		●	●			●	●
MONTA Naika Clinic	5-5-18 Nishishoji	722-5855	●	●		●	●			●	●
HOMMA TARO Clinic	3-1-12 Makiochi, Welcia Minoh Makiochi 2F	723-2111	●	●		●	●			●	●
MINOH Ladies Clinic	3-3-33 Makiochi	723-0351						※2			
AIHARA Hospital	3-4-30 Makiochi	723-9000	●	●	●	●	●		●	●	●
KANO Naika Clinic	3-14-19 Makiochi	737-6555	●	●		●	●			●	●
FURUKAWA Iin	1-1-3 Sakurai	722-0109	●	●			●			●	●
FUJIMOTO Clinic	1-7-20 Sakurai, Takara Medical Bldg. 1F	737-7186	●	●		●	●			●	●
TSUJI Iin	1-27-48 Sakurai	720-2168	●	●		●	●				
UMEMURA Naika Clinic	2-10-36-101 Sakurai	721-1127	●	●			●			●	●
YASUMURA Clinic	2-11-5 Sakurai	722-0061	●	●		●	●			●	●
MAEDA Naika Clinic	4-11-15 Sakura, Minoh Sakura Iryo Bldg. 2F	724-5177	●	●		●	●			●	●
ITO Clinic	4-17-25 Sakura	737-8011	●	●		●	●			●	●
UENOYAMA Naika	6-4-12 Sakura	724-7337	●	●		●	●			●	●
MATSUURA Naika	3-15-47 Hanjo, Tortoise Minoh Bldg. 1F	721-8005	●	●		●	●			●	●
IDOYUCHI Family Clinic	3-16-1 Hanjo	722-5335	●	●	●	●	●			●	●
NAKANISHI Iin	4-1-27 Hanjo	722-2198	●	●	●	●	●			●	●
MURATA Iin	2-5-3 Segawa	700-7000	●	●		●	●			●	●
SHIMIZU Iin	1-5-15 Sakuragaoka	723-1233	●	●		●	●			●	●
KOIKE Iin	3-3-4 Sakuragaoka	722-5025	●	●		●	●			●	●
KEAKIKAI Neurosurgery Clinic	3-9-19 Sakuragaoka, Sakuragaoka Clinic Bldg. 1F	768-8430	●	●		●	●			●	●
SAKURADORI Junkanki Shokaki Naika	3-9-19 Sakuragaoka, Sakuragaoka Clinic Bldg. 3F	725-6131	●	●		●	●			●	●
HARANO Iin	7-14-17 Niina	724-2010	●	●		●	●			●	●
Central Minoh											
NAKAI Ichoka (Gastrointestinal) Iin	1-13-9 Ina	723-8888	●	●	●	●	●			●	●
TANAKA Naika Iin	3-5-7 Kayano	722-8611	●	●	●	●	●			●	●
MINOH City Medical and Healthcare Center	5-8-1 Kayano, General Health and Welfare Center 3F	727-9555	●	●	●	●	●	●	●	●	●
TATSUMI IMAMIYA Hospital	3-19-27 Imamiya	727-7770	●	●		●	●			●	●
NAGAI Naika Junkanki Naika Clinic	1-2-15 Hakunoshima, La Poru Hakunoshima Bldg. 3F	727-2121	●	●		●	●			●	●
INDOU Medical Clinic	1-15-5 Hakunoshima	724-2824	●	●		●	●			●	●

Designated Medical Institutions (As of 1 April 2024)	Address	Telephone <small>Add prefix (072) if calling from outside the city.</small>	※1 General Health Checkup	※1 Lifestyle-related Disease Checkup	Stomach Cancer	Lung Cancer	Bowel Cancer	Cervical Cancer	Breast Cancer	Prostate Cancer	Hepatitis Virus
NISHIMOTO Naika	3-19-11 Bonoshima	723-3450	●	●	●	●	●			●	●
SAKAMOTO Iin	4-1-24 Bonoshima W2-101	724-2023	●	●		●	●			●	●
KORENARI Clinic	1-5-1 Nyoidani	724-0166	●	●		●	●			●	●
MIKI Seikeigeka Naika	4-5-15 Nyoidani	724-8482	●	●		●	●			●	●
MIZUNO Naika Clinic	3-11-13 Sembahigashi, CIELIA Minoh Semba 101B	727-1800	●	●		●	●			●	●
Sembanishi BABA Clinic	1-6-7 Sembanishi, Miwatsuru Bldg. 2F	729-0148	●	●	●	●	●			●	●
SUDOU Naika Clinic	1-8-9 Sembanishi, SPA (Maida Bldg.) 1F	728-7353	●	●	●	●	●			●	●
DAIKOKU Iin	2-2-1 Sembanishi, New Erimo Bldg. 1F	727-5210	●	●		●	●			●	●
MANIWA Clinic	2-3-9 Sembanishi, Minoh Sembanishi Medical Center 2F	727-1000	●	●		●	●			●	●
KT Clinic	3-6-32 Sembanishi, Minoh Semba Clinic Bldg. 2F	727-3338						※2			
OISHI Clinic	3-6-32 Sembanishi, Minoh Semba Clinic Bldg. 3F	728-0018	●	●		●	●		●	●	●
TAMATANI Kids Clinic	3-6-32 Sembanishi, Minoh Semba Clinic Bldg. 1F	726-3131	●								
RINDOU Clinic	3-8-10 Sembanishi	728-1215	●	●			●				
MORIAKI Clinic	3-8-11 Sembanishi	726-0078	●	●		●	●			●	●
East / North Minoh											
KUSAKA Clinic	1-33-3 Aomadanigashigashi, Fields Minoh Bldg. 1F	749-3717	●	●		●	●			●	●
MINAMI Clinic	1-1-12 Aomadaninishi	768-8120	●	●		●	●			●	●
ARAKI Iin	2-6-4-101 Aomadaninishi	729-6563	●	●	●	●	●			●	●
KASUGAI Clinic	2-8-7-104 Aomadaninishi	729-5500	●	●			●			●	●
YOKOYAMA Smile Naika Clinic	3-7-7 Aomadaninishi	726-4580	●	●		●	●			●	●
NINJU Clinic	3-15-10 Aomadaninishi	700-1499	●	●			●			●	●
GRATIA Hospital	6-14-1 Aomadaninishi	729-2345	●	●	●	●	●			●	●
HOSOI Clinic	1-4-13 Aogetin	727-0234	●	●		●	●			●	●
SAWARAGI Ladies Clinic	6-3-5 Aogetin	726-1103						※2			
KANNA Gein Clinic	2-14-1 Gein, MK Bldg. 2F	726-8739	●	●		●	●			●	●
SUMI Naika Clinic	5-2-8 Onoharahigashi, Annex Minoh Bldg. 1F	727-2100	●	●		●	●			●	●
SUNADA Iin	5-4-12 Onoharahigashi	728-9660	●	●						●	●
ACTIVE Onoharahigashi Shinryojo	6-24-3 Onoharahigashi	727-1717	●	●	●	●	●			●	●
Naika Geka NIIMI Iin	5-12-32 Onoharanishi, Tingal Court Bldg. 1F	735-7150	●	●		●	●			●	●
TAKIZAWA Shonika (Pediatrics)	6-12-1 Onoharanishi, Iwanaga Bldg. 103	729-3455	●	●							●
TERIHA NO SATO Minoh Hospital	561 Shimotodoromi	739-0501	●	●	●	●	●			●	●
KIMUTAKU Clinic Shimmachi Branch	1-1-6 Shimmachinaka, Minoh Shimmachi Area Center	733-2255	●	●		●	●			●	●
NAKAGAWA Clinic Shimmachi Shinryojo	3-9-7 Shimmachinaka	703-4870	●							●	●
Outside the City											
SAKAMOTO Ichu (Gastrointestinal) Geka Clinic	1-5-3 Shin Senri Higashi-machi, Toyonaka City, Senri Asahi Hankyu Bldg. 3F	06-4863-5488								●	
CHAYAMACHI Breast Clinic	3-1 Chayamachi, Kita-ku, Osaka City, Sanko Bldg. 4F	06-6359-4630								●	
TASAKA Clinic Maternity, Gynaecology, Naika	1-4-2 Shin Senri Higashi-machi, Toyonaka City, Senri Life Science Center Bldg. 10F	06-6832-1200						※2			
YUKOUKAI General Hospital	25-1 Nishi-Toyokawacho, Ibaraki City	072-641-2488						※2			
SAITO Yukoukai Hospital	7-2-18 Saito Asagi, Ibaraki City	072-641-6898								●	

※1 To see if you are applicable, please see G and H on P.6.
※2 Depending on your results, your doctor may decide that you should get a uterine cancer screening as well.
Please take your temperature before, wash your hands before and after, and wear a mask throughout screenings/checkups.

Designated Dental Clinics

 Please contact each medical institution for available times.

Please apply for checkups directly to the designated medical institutions below via phone, etc.
The ● symbol shows what is available at each medical institution.
Please check dates and times with each institution.

Designated Dental Clinics (As of 1 April 2024)	Address	Telephone <small>Add prefix (072) if calling from outside the city.</small>	Minoh Citizen Dental Checkup	Late Stage Medical Care System for the Elderly Dental Checkup
West Minoh				
MURAI Dental Clinic	3-1-56 Minoh	721-3195	●	●
MURANAKA Dental Clinic	4-1-20 Minoh, Hames Minoh Bldg. 101	723-5363	●	●
SADAMORI Dental Clinic	5-1-4 Minoh	725-3532	●	●
DOI Dental Clinic	5-1-52 Minoh, Minoh Arcos Bldg. 3F	721-7996	●	●
ADACHI Orthodontist	5-11-8 Minoh, Minematsu Bldg. 202	724-2866	●	●
NAKANO Dental Clinic	6-1-30 Minoh, Minoh Hondori Urban Life Bldg. 101	720-6123	●	●
SUGIMOTO Dental Clinic	6-2-5-105 Minoh, Sun Plaza Bldg. 2, 1F	722-7777	●	●
YAMANOI Dental Clinic	6-4-1 Minoh	721-4182	●	●
THANKS Dental Clinic	6-4-24 Minoh, Thanks Minoh Bldg. 3F	723-5223	●	●
OGAWA Dental Clinic	6-4-38 Minoh	720-1181	●	●
KUROKI Dental Clinic	6-5-7 Minoh, Minoh Terrace Bldg. 2F	722-5470	●	●
SAWADA Dental Clinic	7-1-20 Minoh	723-6710	●	●
KIDA Dental Clinic	3-1-9 Nishishoji, Daiki Bldg. 3F	721-1565	●	●
MASUNO Dental Orthodontist +KIDS Clinic	3-5-10 Nishishoji	721-1108	●	●
SAKAI Dental Clinic	5-3-13 Nishishoji	723-5608	●	●
HIGASHISAWA Dental Clinic	1-19-16 Makiochi	724-6657	●	●
NAKAI Dental Clinic	3-2-13 Makiochi, Estate Akebono Bldg. 2F	724-2473	●	●
UETAHIO At Home Dental Clinic	3-6-8-101 Makiochi	737-6610	●	●
TADA Dental Clinic	3-13-33 Makiochi, Active Minoh Bldg. 205	724-5543	●	●
TERASHIMA Dental Clinic	1-2-21 Hyakurakuso	721-2562	●	●
TAKASHIMA Dental Clinic	1-2-15 Sakurai	724-0118	●	●
HASE Dental Clinic	1-2-32 Sakurai	721-4147	●	●
ORIBE Dental Clinic	1-7-18 Sakurai	721-2298	●	●
KITAGAWA Dental Clinic	1-12-8 Sakurai	721-2647	●	●
OHMAE Dental Clinic	1-22-24 Sakurai, Doruche Sakurai Bldg. 101	725-1181	●	●
ASAMURA Dental Clinic	3-4-4 Sakura	725-4618	●	●
TANI Dental Clinic	4-17-24 Sakura	721-7290	●	●
FUJIMOTO Dental Clinic	3-3-21 Hanjo	724-3729	●	●
TSUKAMOTO Dental Clinic	3-16-3 Hanjo	722-0780	●	●
FUJIWARA Dental Clinic	2-15-7 Segawa, Burandoru Ishida Bldg. 2F	724-8110	●	●
UESAKA Dental Clinic	3-1-13 Segawa	725-8148	●	●
INOUE Orthodontist & Dental Clinic	5-5-5 Segawa	720-7000	●	●
ONO Dental Clinic	2-1-26 Sakuragaoka	721-2679	●	●
TERAMURA Dental Clinic	2-4-20 Sakuragaoka	720-7887	●	●
Central Minoh				
TANAKA Dental Clinic	1-1-24 Kayano	722-8118	●	●
SAMEJIMA Dental Clinic	3-1-14 Hakunoshima, Amizu Hakunoshima Bldg. 1F	722-0015	●	●
TAKAHASHI Dental Clinic	4-16-33 Bonoshima, Esperance Minoh Bldg. 1F	725-1182	●	●
TAMENAGAONSEN Hospital Dental Clinic	4-5-24 Imamiya	729-7615	●	●
OTANI Dental Clinic	3-1-6 Sembahigashi, COM Bldg. 2, 3F	729-0031	●	●

Designated Dental Clinics (As of 1 April 2024)	Address	Telephone <small>Add prefix (072) if calling from outside the city.</small>	Minoh Citizen Dental Checkup	Late Stage Medical Care System for the Elderly Dental Checkup
AKANISHI Dental Clinic	1-6-7 Sembanishi, Miwatsuru Bldg. 4F	728-8801	●	●
YUUKI Dental Clinic	2-12-4 Sembanishi, OTC Prime Heights Bldg. 1F	734-8522	●	●
YAMANOI Dental Clinic	2-18-6 Sembanishi, Sugitani Park Mansion Bldg. 1F	728-1188	●	●
SMILE-KAI Yoshida Dental Clinic	2-19-22 Sembanishi	729-4182	●	●
YAMAMOTOMASA Dental Clinic	3-6-32 Sembanishi, Minoh Semba Clinic Bldg. 3F	737-7922	●	●
East / North Minoh				
UEDA Dental Clinic	1-1-6 Aomadaninishi	734-7777	●	●
KUBO Dental Clinic	2-6-5-101 Aomadaninishi	729-0034	●	●
KAMONO Dental Clinic	3-11-18 Aomadaninishi	730-0039	●	●
OCHIAI Dental Clinic	3-17-18 Aomadaninishi Capital II Bldg. 1F	728-6480	●	●
WAKUMOTO Dental Clinic	3-6-5 Aoshinke	729-6104	●	●
NAKATA Dental Clinic	6-2-33 Aogetin, Hyakubankan Bldg. 206	728-5077	●	●
TOKUOKA Dental Clinic	3-5-17 Gein, Patio Gein Bldg. 1F	749-0501	●	●
OMOTO Dental Clinic	2-18-2 Ishimaru	726-0418	●	●
URAGUCHI Dental Clinic	3-9-29 Onoharahigashi	737-8320	●	●
MATSUMOTO Dental Clinic	3-13-2 Onoharahigashi, Akasaka Corp Bldg. 1F	729-5775	●	●
NAKASHIMA Dental Clinic	3-13-26 Onoharahigashi	768-8841	●	●
TAKEISHITA Dental Clinic	4-24-29 Onoharahigashi, High Mound Bldg. 1F	728-8055	●	●
URAKAMI Dental Clinic	5-1-22 Onoharahigashi	727-6772	●	●
HOSHINO Dental Clinic	5-4-12 Onoharahigashi, Onohara Sun Heights Bldg. 2F	728-2524	●	●
FUJII Dental Clinic	4-1-27 Onoharanishi	726-4618	●	●
HIRANO Dental Clinic	5-6-11 Onoharanishi, 1F	743-5475	●	●
KAWAGUCHI Dental Clinic	6-12-1 Onoharanishi, Iwanaga Bldg. 101	727-6480	●	●
YOSHIDA Dental Clinic	2-1-16 Shimmachiminami	736-9090	●	●


Did you know?

Gum Disease can affect your whole body!

Gum disease is a chronic inflammation caused by bacterial infection. It is known that this bacteria creates material (such as toxins and inflammation) that can enter your bloodstream and badly affect your whole body. By protecting the health of your teeth and mouth, you can protect your overall health. So you can enjoy food with strong teeth and stay healthy...

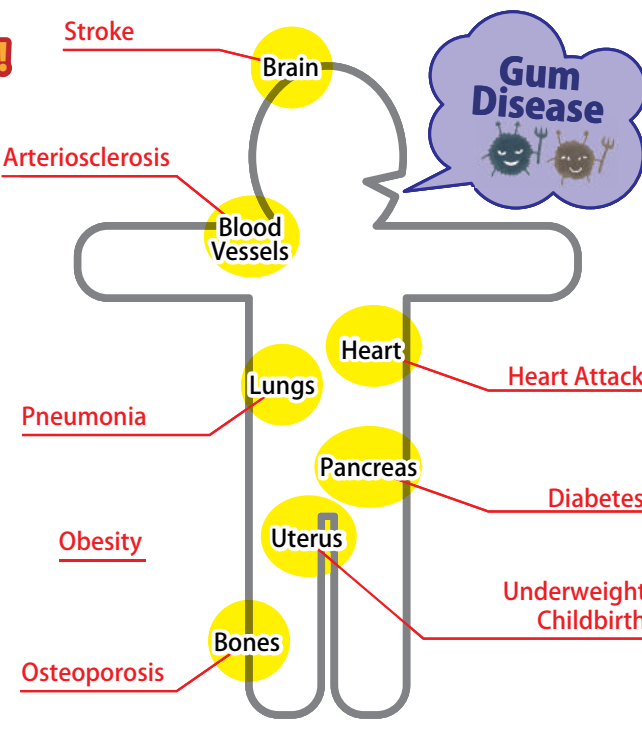
Get a dental checkup once a year!

からだの健康は、毎日の歯みがきと
歯とお口の健康管理から


一般社団法人 箕面市歯科医師会
MINOH DENTAL ASSOCIATION

事務局 〒562-0014 箕面市萱野5丁目1-14
TEL 072 (728) 0118
<https://www.minoh-da.org/>

箕面市歯科医師会 検索



Gum disease can increase the risk of these illnesses

Vaccinations are given to protect children from illnesses caused by viral or bacterial infections. Immunity through vaccinations prevents the outbreaks of infectious diseases, so please remember to get the law-required vaccinations. Vaccination pre-examination slips (for vaccinating children during infancy) are issued in the Vaccination Handbook (coupons) when the birth is registered.

- Until 1 year old, the required routine vaccinations are Rotavirus, Hepatitis B, Children's Pneumococcal, DPT-IPV-Hib (or Hib, DPT-IPV) and BCG.

13

Get vaccinated! Child Vaccination Guide

Letter key **T**...Target **DT**...Date/time **L**...Location **A**...Apply
B...Bring **¥**...Cost **D**...Details **△**...Precautions **O**...Other

How to get vaccinated

Make a reservation by phone to your preferred **designated medical institution offering vaccinations (p.18)**.

No reservation is required for BCG (G) mass vaccinations. Please come directly to the specified location on the appointed day and time (see below for dates and times).

Bring Maternal and Child Health Handbook, Vaccination Handbook (pre-examination slips)
*If you do not have a Vaccination Handbook (pre-examination slips), please contact the Healthy Children Division.

Cost Free of charge if done during the law-required period at a designated medical institution (except for M).

Inquiries: Healthy Children Division TEL: 072-724-6768 FAX: 072-721-9907

A 2 doses (between 2 months - 24 weeks 0 days old),
or 3 doses (between 2 months - 32 weeks 0 days old)

Rotavirus (oral live vaccine)

T ● **Start vaccination between 2 months - 14 weeks 6 days old (recommended age)**

Rotarix (monovalent vaccine):

① **1st dose:** 2 months - 14 weeks 6 days old

② **2nd dose:** Minimum 27 days after 1st dose

* finish vaccinations by 24 weeks 0 days old

The Rotarix vaccine finishes at 2 doses.

RotaTeq (pentavalent vaccine):

① **1st dose:** 2 months - 14 weeks 6 days old

② **2nd dose:** Minimum 27 days after 1st dose

③ **3rd dose:** Minimum 27 days after 2nd dose

*finish vaccinations by 32 weeks 0 days old

Law-required age:

6 - 24 weeks old, or until 32 weeks 0 days old

△ Please get your child vaccinated with the same type each time.
There is no difference in safety or effectiveness between the 2 types.
• 2 months old = 2 months minus 1 day after birth
• 1st week = 0 weeks 1 day etc. after birth
• 1 week x days = 7 days after birth

B 3 doses between 2 - 8 months old

Hepatitis B (inactivated vaccine)

T **Recommended age:**

① **1st dose:** 2 months old

② **2nd dose:** Minimum 27 days after 1st dose

③ **3rd dose:** Minimum 139 days after 2nd dose

Law-required age: under 1 year old

C 4 doses between 2 months - 1 year 3 months old

Children's Pneumococcal (PCV) (inactivated vaccine)

T ● **Start vaccination between 2 - under 7 months old (recommended age) (4 doses)**

① **Initial (1st dose):** 2 - under 7 months old

② **Initial (2nd dose):** Minimum 27 days after 1st dose

③ **Initial (3rd dose):** Minimum 27 days after 2nd dose

*finish vaccinations by 2 years old

④ **Booster:** Minimum 60 days after 3rd dose,
between 12 - 15 months old

*can be vaccinated from 1 year old

● **Start vaccination between 7 months - under 1 year old (3 doses)**

● **Start vaccination between 1 - under 2 years old (2 doses)**

● **Start vaccination between 2 - under 5 years old (1 dose)**

If you are starting vaccination for children 7 months old and over,
please see the city website for details.

Law-required age: 2 months - under 5 years old

D 4 doses between 2 months - 2 years 1 month old

Hib (inactivated vaccine)

T ● **Start vaccination between 2 - under 7 months old (recommended age) (4 doses)**

① **Initial (1st dose):** 2 - under 7 months old

② **Initial (2nd dose):** Interval of 27 - 56 days after 1st dose

③ **Initial (3rd dose):** Interval of 27 - 56 days after 2nd dose

*finish vaccinations by 1 year old

④ **Booster:** 7 - 13 months after 3rd dose

● **Start vaccination between 7 months - under 1 year old (3 doses)**

● **Start vaccination between 1 year old and over - under 5 years old (1 dose)**

If you are starting vaccination for children 7 months old and over, please see the city website for details.

Law-required age: 2 months - under 5 years old

E 4 doses between 2 months - 2 years 6 months old

DPT-IPV (Pertussis, Diphtheria, Tetanus, Polio) (inactivated vaccine)

T **1 - 3 doses between 2 - 12 months old (recommended age)**

① **Initial period I (1st dose):**

2 months - 40 days before 1st birthday

② **Initial period I (2nd dose):**

Interval of 20 - 56 days after 1st dose

③ **Initial period I (3rd dose):**

Interval of 20 - 56 days after 2nd dose

④ **Period I Booster:**

12 - 18 months after 3rd dose

Law-required age: 2 months - under 7 years 6 months old

F 4 doses between 2 months - 2 years 6 months old

DPT-IPV-Hib (Pertussis, Diphtheria, Tetanus, Polio, Hib) (inactivated vaccine)

● **Changes made from 1 April 2024.**

T **Start vaccination between 2 - under 7 months old (recommended age)**

① **Initial period I (1st dose):** 2 - under 7 months old

② **Initial period I (2nd dose):** Interval of 20 - 56 days after 1st dose

③ **Initial period I (3rd dose):** Interval of 20 - 56 days after 2nd dose

④ **Booster:** 6 - 18 months after 3rd dose

Law-required age: 2 months - under 7 years 6 months old

About D / E / F :

• If your child gets the **F** "DPT-IPV-Hib" vaccine, they are not required to get the **D** "Hib" and **E** "DPT-IPV" vaccine.

• If your child has had 1 dose or more of the **D** or **E** vaccine, in general they should finish 4 doses of both **D** and **E**, instead of getting the **F** vaccine.



Vaccination information is not sent out to individuals even when it is time for a vaccination. Please make good use of apps or scheduling books to set up your own vaccination schedule, so that you don't forget to get your children vaccinated.

After your child is vaccinated with **G**, **H**, or **I**, please wait an interval of minimum 27 days to get a different vaccine.



G 1 dose between 5 - 8 months old

BCG injection (live vaccine)

T **Recommended age:** 5 - under 8 months old

Law-required age: under 1 year old

DT Mass vaccination*: 1:30 - 2:45 p.m.

*vaccinations start from 2:00 p.m.

Date	Target
18 Apr (thur)	born Sep - Oct 2023
29 May (wed)	born Oct - Nov 2023
20 Jun (thur)	born Nov - Dec 2023
31 Jul (wed)	born Dec 2023 - Jan 2024
28 Aug (wed)	born Jan - Feb 2024
19 Sep (thur)	born Feb - Mar 2024
30 Oct (wed)	born Mar - Apr 2024
21 Nov (thur)	born Apr - May 2024
19 Dec (thur)	born May - Jun 2024
16 Jan (thur)	born Jun - Jul 2024
20 Feb (thur)	born Jul - Aug 2024
27 Mar (thur)	born Aug - Sep 2024

* If you cannot get your child vaccinated on the appointed day based on their birth month, please get them vaccinated on a different day (can be vaccinated up to 1 year old).

L Minoh City General Health and Welfare Center

H 3 doses between 1 - 2 years old + 1 dose before starting Elementary School

Measles-Rubella (MR) (injection, live vaccine)

T ① **Period I:**

Recommended + law-required age: 1 - under 2 years old

② **Period II:**

Recommended + law-required age: Between 1 April - 31 March before starting Elementary School (children born between 2 April 2018 - 1 April 2019 are eligible for this financial year)

I 2 doses between 1 year - 2 years 3 months old

Chickenpox (injection, live vaccine)

T **Recommended age:**

① **1st dose:** 12 - under 15 months old

② **2nd dose:** 6 - 12 months after 1st dose

Law-required age: under 1 - 3 years old

J 3 doses between 3 - 5 years old + 1 dose in Elementary School Grade 4

Japanese Encephalitis (inactivated vaccine)

T ① **Initial Period I (1st dose):**

Recommended age: 3 years old

② **Initial Period I (2nd dose):**

Recommended age: Interval of 6 - 28 days after 1st dose

③ **Period I Booster:**

Recommended age: 4 years old (minimum 6 months after 2nd dose, most people get it after 12 months)

Law-required age: 6 months - under 7 years 6 months old

④ **Period II:**

Recommended age: Elementary School Grade 4 (a coupon will be sent when eligible)

Law-required age: 9 - under 13 years old

△ There are special measures for people born before 1 April 2007 who are under 20 years old (on the day of vaccination) to get a vaccination free of charge. Contact the Healthy Children Division for details.

K 1 dose in Elementary School Grade 6

DT (Diphtheria, Tetanus) (inactivated vaccine)

T **Recommended age:** Elementary School Grade 6 (a coupon will be sent when eligible)

Law-required age: 11 - under 13 years old

L 3 doses in Junior High School Grade 1

Cervical Cancer (inactivated vaccine)

T **Recommended age:** Junior High School Grade 1

● **Cervarix (bivalent vaccine):**

① **1st dose:** April - September of Junior High School Grade 1

② **2nd dose:** 1 month after 1st dose

③ **3rd dose:** 6 months after 1st dose

● **Gardasil (quadrivalent vaccine):**

① **1st dose:** April - September of Junior High School Grade 1

② **2nd dose:** 2 months after 1st dose

③ **3rd dose:** 6 months after 1st dose

● **Sylgard 9 (9-valent vaccine):**

① **1st dose:** April - September of Junior High School Grade 1

② **2nd dose:** 6 months after 1st dose

Law-required age: Girls at Elementary School Grade 6 - equivalent High School Grade 1 age (born between 2 April 2008 - 1 April 2013)

*If you get the 1st dose of Sylgard 9 after turning 15 years old, total 3 doses are required.

① **1st dose:** After 15th birthday

② **2nd dose:** 2 months after 1st dose

③ **3rd dose:** 6 months after 1st dose

△ There are special measures for women born between 2 April 1997 - 1 April 2008 who missed out on vaccinations to get catch-up vaccinations free of charge. Contact the Healthy Children Division for details.

Subsidy for the Influenza Vaccination (voluntary vaccination)

T Children between 6 months old - Elementary School Grade 6 (on the day of vaccination)

L Designated medical institutions within the city

¥ ¥1,000 Coupon (x 2)

Child Health Checkup Schedule

Inquiries: Healthy Children Division TEL: 072-724-6768 FAX: 072-721-9907

Health
checkups
are all
free

2 Months Old Consultation (Wallaby Park)



T Children 2 months old (firstborn child) and mothers

DT 15 Apr, 20 May, 17 Jun, 22 Jul, 19 Aug, 30 Sep, 21 Oct, 18 Nov, 16 Dec, 20 Jan, 17 Feb, 17 Mar
All Monday 10:00 a.m. - 11:30 a.m.

General Health and Welfare Center

L Please make a reservation via the City Website
A (2 months before consultation).

O 12 pairs (in order of application)

B Maternal and Child Health Handbook, 1 bath towel

D Physical measurements, breastfeeding and child raising consultation (with a midwife), introduction to the Support Center for Child Raising's Ohisama room program, talking with other participants, etc.

4 Months Old Checkup



T Children 4 months old (If eligible, notifications will be sent around the 15th of the month before the checkup)

DT Reservation between 1:00 p.m. - 2:00 p.m.

L General Health and Welfare Center

Target	Month	Date
Born Dec 2023	Apr	10 (wed), 24 (wed)
Born Jan 2024	May	8 (wed), 22 (wed)
Born Feb 2024	Jun	12 (wed), 26 (wed)
Born Mar 2024	July	10 (wed), 24 (wed)
Born Apr 2024	Aug	7 (wed), 29 (thur)
Born May 2024	Sep	11 (wed), 25 (wed)
Born Jun 2024	Oct	9 (wed), 23 (wed)
Born Jul 2024	Nov	13 (wed), 27 (wed)
Born Aug 2024	Dec	11 (wed), 25 (wed)
Born Sep 2024	Jan	8 (wed), 22 (wed)
Born Oct 2024	Feb	12 (wed), 26 (wed)
Born Nov 2024	Mar	12 (wed), 26 (wed)

B Maternal and Child Health Handbook, Health Checkup Coupon (sent out before), bath towel

Newborn Baby Checkup



Checkup coupons are given at the 4 Months Old Checkup. If you have not done the checkup or have moved, the coupon will be sent to you.

T Children 9 months old - under 1 year old (we recommend at around 11 months old)

L Please reservation at a Osaka Prefecture medical institution. Not available at some medical institutions.

1 Year 6 Months Old Checkup



T Children 1 year 6 months old (If eligible, notifications will be sent around the 15th of the month before the checkup)

DT Reservation between 1:00 p.m. - 2:30 p.m.

L General Health and Welfare Center

Target	Month	Date
Born Sep 2022	Apr	2 (tue), 19 (fri)
Born Oct 2022	May	7 (tue), 17 (fri)
Born Nov 2022	Jun	4 (tue), 21 (fri)
Born Dec 2022	July	2 (tue), 19 (fri)
Born Jan 2023	Aug	6 (tue), 23 (fri)
Born Feb 2023	Sep	3 (tue), 20 (fri)
Born Mar 2023	Oct	1 (tue), 18 (fri)
Born Apr 2023	Nov	5 (tue), 15 (fri)
Born May 2023	Dec	3 (tue), 20 (fri)
Born Jun 2023	Jan	7 (tue), 17 (fri)
Born Jul 2023	Feb	4 (tue), 21 (fri)
Born Aug 2023	Mar	4 (tue), 21 (fri)

B Maternal and Child Health Handbook, Health Checkup Coupon (sent out before), bath towel

3 Years 6 Months Old Checkup



T Children 3 years 6 months old (If eligible, notifications will be sent around the 15th of the month before the checkup)

DT Reservation between 1:00 p.m. - 2:30 p.m.

L General Health and Welfare Center

Target	Month	Date
Born Sep 2020	Apr	9 (tue), 23 (tue)
Born Oct 2020	May	14 (tue), 28 (tue)
Born Nov 2020	Jun	11 (tue), 25 (tue)
Born Dec 2020	July	9 (tue), 23 (tue)
Born Jan 2021	Aug	20 (tue), 27 (tue)
Born Feb 2021	Sep	10 (tue), 24 (tue)
Born Mar 2021	Oct	8 (tue), 22 (tue)
Born Apr 2021	Nov	12 (tue), 26 (tue)
Born May 2021	Dec	10 (tue), 24 (tue)
Born Jun 2021	Jan	14 (tue), 28 (tue)
Born Jul 2021	Feb	18 (tue), 25 (tue)
Born Aug 2021	Mar	11 (tue), 25 (tue)

B Maternal and Child Health Handbook, Health Checkup Coupon (sent out before), the child's urine (about 30cc in a clean empty bottle), toothbrush, cup (for instructions in tooth brushing)

Baby Food Classes

Baby Food Class

Minoh Local Produce and Foodstuff Division
TEL: 072-724-6159 FAX: 072-722-2466



T Caregivers (of children 5 - 9 months old)

DT 26 Apr (fri), 24 May (fri), 28 Jun (fri), 26 Jul (fri), 30 Aug (fri), 27 Sep (fri), 25 Oct (fri), 7 Nov (thur), 13 Dec (fri), 24 Jan (fri), 28 Feb (fri), 14 Mar (fri)
All 1:30 p.m. - 2:30 p.m. (reception from 1:00 p.m.)

L Please contact the Minoh Local Produce and Foodstuff Division

A Please contact the Minoh Local Produce and Foodstuff Division by phone or the City Website to apply (up to 2 months before the class).

B Maternal and Child Health Handbook

¥ Free of charge **O** Limited 20 people (in order of application)

First-time Baby Food Cooking Class

Minoh Local Produce and Foodstuff Division
TEL: 072-724-6159 FAX: 072-722-2466



T Caregivers (of children 5 - 9 months old)

DT 16 Apr, 18 Jun, 20 Aug, 15 Oct, 17 Dec, 18 Feb
All Tuesday 10:30 a.m. - 11:30 a.m. (reception from 10:15 a.m.)

L Please contact the Minoh Local Produce and Foodstuff Division

A Please contact the Minoh Local Produce and Foodstuff Division by phone or the City Website to apply (up to 2 months before the class).

B Maternal and Child Health Handbook

¥ Free of charge **O** Limited 10 people (in order of application)

Solid Food Baby Food Class

Minoh Local Produce and Foodstuff Division
TEL: 072-724-6159 FAX: 072-722-2466



T Caregivers (of children 9 months - 1 year 6 months old)

DT 12 Apr, 14 Jun, 9 Aug, 11 Oct, 6 Dec, 14 Feb
All Friday 10:30 a.m. - 11:30 a.m. (reception from 10:00 a.m.)

L Please contact the Minoh Local Produce and Foodstuff Division

A Please contact the Minoh Local Produce and Foodstuff Division by phone or the City Website to apply (up to 2 months before the class).

B Maternal and Child Health Handbook

¥ Free of charge **O** Limited 20 people (in order of application)

Important: There is no childcare support in any of the classrooms. If you bring your child with you to the Cooking Class, please bring a baby stroller/carrier to hold them while making the food.

Come along to the Ohisama rooms and Ohisama Hiroba!

Ohisama rooms are spaces for babies from age 0. They can play with toys and enjoy talking with others. Their caregivers can also receive information about child raising. These are open spaces that you can use at certain times without a reservation so please come along.

There are 2 Ohisama rooms in Minoh City!

Kayano: 1-19-4 Kayano (Right-Pia 21 2F) TEL: 072-723-5433

Hijiri: 6-14-34 Ina (Ina Fureai Center 1F) TEL: 072-734-8858

Ohisama Hiroba

We take toys from the Ohisama rooms and go out into the community. This is a great chance to meet other parents in your neighborhood.

○ Date: Posted in the City Magazine and City Website every month.

○ Main locations: Saito no Oka Community Center, Todoromi no Mori Gakuen, Minoh Shimmachi Peace Garden Community Center, Minoh Shimmachi Community Center, Seinan Library, Niina Community Center, Humans Plaza, Higashi Lifelong Learning Center, Onohara Regional Communication Center, Citizens Meeting Building, etc.

Chewing-age Baby Food Cooking Class

Minoh Local Produce and Foodstuff Division
TEL: 072-724-6159 FAX: 072-722-2466



T Caregivers (of children 9 - 12 months old)

DT 21 May, 16 Jul, 17 Sep, 19 Nov, 21 Jan, 18 Mar
All Tuesday 10:30 a.m. - 11:30 a.m. (reception from 10:15 a.m.)

L Please contact the Minoh Local Produce and Foodstuff Division

A Please contact the Minoh Local Produce and Foodstuff Division by phone or the City Website to apply (up to 2 months before the class).

B Maternal and Child Health Handbook, apron, bandana, dishcloth

¥ Free of charge **O** Limited 10 people (in order of application)

We Love Vegetables Baby Food Class

Minoh Local Produce and Foodstuff Division
TEL: 072-724-6159 FAX: 072-722-2466



T Children 2 - 3 years old and Caregivers

DT 31 May, 12 Jul, 13 Sep, 8 Nov, 31 Jan, 7 Mar
All Friday 10:30 a.m. - 12:00 p.m. (reception from 10:15 a.m.)

L Please contact the Minoh Local Produce and Foodstuff Division

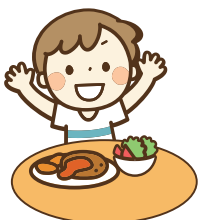
A Please contact the Minoh Local Produce and Foodstuff Division by phone or the City Website to apply (up to 2 months before the class).

B Maternal and Child Health Handbook, face towel

¥ Free of charge **O** Limited 7 groups (priority given if first-time)

There are a lot of children who do not like vegetables, but it is surprisingly easy to change what they like and dislike. If given a chance, children can learn to enjoy vegetables they didn't like before.

The We Love Vegetables Baby Food Class held by the city is a class where parents and children can have fun together by looking at, touching, tasting and enjoying seasonal vegetables. Please come along with your child!



Child Vaccinations at Medical Institutions

Please apply for a vaccination directly to the designated medical institutions below.

● : Vaccinations available at each medical institution ▲ : Check the ※ section

Medical Institutions (As of 1 April 2024)	Address	Telephone <small>Add prefix (072) if calling from outside the city.</small>	Vaccination type														
			1 of either	Hepatitis B	PCV	Hib	DPT-IPV	DPT-IPV-Hib	(Polio)	BCG	MR	Chickenpox	Japanese Encephalitis	DT	Cervical Cancer		
			Rotarix														
West Minoh																	
NAKA Clinic ※1	5-1-52 Minoh, Minoh Arcos Bldg. 1F	724-8822				▲	▲	▲	▲	▲		▲		▲	●	●	
CHE Seikeigeka Rehabilitation Clinic	5-11-4 Minoh, Minoh Puratia Bldg. 3F	725-1000												●	●	●	
YASUFUKU Naika Clinic ※1	5-12-71 Minoh, Park Plaza Bldg. Minoh 1F	725-8555										▲		▲	●	●	
SHIMA Kodomo Clinic	6-4-46 Minoh, Minoh Mate Bldg. 203	720-0550	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
ISHII Seikeigeka ※2	6-5-7 Minoh, Minoh Terrace Bldg. 3F	722-0543						▲	▲			▲		▲	●	●	
MIH Clinic Minoh	6-7-45 Minoh 2F	737-9275	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
KUHARA Iin	6-10-43 Minoh	737-5031					●	●	●	●		●	●	●	●	●	
YOKOI Clinic	3-17-37 Nishishoji	724-1477														●	
MOMIJI Zaitaku Shinryojo ※3	5-4-18 Nishishoji	720-0050												▲	●	●	
MONTA Naika Clinic ※4	5-5-18 Nishishoji	722-5855												▲	●		
HOMMA TARO Clinic ※1	3-1-12 Makiochi, Welcia Minoh Makiochi 2F	723-2111						▲	▲			▲		▲	●		
KANO Naika Clinic	3-14-19 Makiochi	737-6555	●	●	●	●	●	●	●			●	●	●	●	●	
MINOH Ladies Clinic	3-3-33 Makiochi	723-0351														●	
MINOH Ladies Clinic Pediatrics Branch	3-4-10 Makiochi	720-7172	●		●	●	●	●	●	●	●	●	●	●	●		
FUJIMOTO Clinic ※1	1-7-20 Sakurai, Takara Medical Bldg. 1F	737-7186										▲		▲	●		
UMEMURA Naika Clinic ※1	2-10-36-101 Sakurai	721-1127										▲		▲	●	●	
YASUMURA Clinic	2-11-5 Sakurai	722-0061						●	●			●	●		●		
IMAI Geka ※5	2-7-47 Sakura	721-1313													▲		
MAEDA Naika Clinic	4-11-15 Sakura, Minoh Sakura Iryo Bldg. 2F	724-5177													●	●	●
ITO Clinic	4-17-25 Sakura	737-8011			●												
KASAHARA Shonika (Pediatrics)	5-14-4 Sakura	721-2032	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
UENOYAMA Naika	6-4-12 Sakura	724-7337						●	●			●	●	●	●		
MATSUURA Naika	3-15-47 Hanjo, Tortoise Minoh Bldg. 1F	721-8005										●	●	●	●		
IDOGUCHI Family Clinic	3-16-1 Hanjo	722-5335	●		●	●	●	●	●	●	●	●	●	●	●	●	●
NAKANISHI Iin	4-1-27 Hanjo	722-2198										●	●	●	●		
MURATA Iin	2-5-3 Segawa	700-7000										●		●	●	●	
SHIMIZU Iin	1-5-15 Sakuragaoka	723-1233													●	●	
KOIKE Iin	3-3-4 Sakuragaoka	722-5025	●	●	●	●	●	●	●	●		●	●	●	●	●	●
SAKURADORI Junkanki Shokaki Naika ※3	3-9-19 Sakuragaoka, 3F	725-6131												▲	●		
HARANO Iin	7-14-17 Niina	724-2010	●		●	●	●	●	●	●		●	●	●	●	●	●
Central Minoh																	
NAKAI Ichoka (Gastrointestinal) Iin	1-13-9 Ina	723-8888						●	●			●	●	●	●	●	●
TANAKA Naika Iin ※6	3-5-7 Kayano	722-8611				▲	▲	▲	▲	▲		●	●	▲	●	●	
NAGAI Naika Junkanki Naika Clinic ※3	1-2-15 Hakunoshima 3F	727-2121												▲	●	●	
INDOU Medical Clinic	1-15-5 Hakunoshima	724-2824										●	●	●	●		
SAKAMOTO Iin	4-1-24 Bonoshima W2-101	724-2023			●	●	●	●	●			●	●	●	●	●	
MIKI Seikeigeka Naika	4-5-15 Nyoidani	724-8482										●	●	●	●	●	●

Please contact each medical institution for available times.
Please note:
Naika = Internal Medicine • Geka = External Medicine • Shinryojo, Iin = Clinic
Seikeigeka = Orthopedics • Junkanki = Cardiology • Shokaki = Gastroenterology

Medical Institutions (As of 1 April 2024)	Address	Telephone <small>Add prefix (072) if calling from outside the city.</small>	Vaccination type												
			1 of either	Hepatitis B	PCV	Hib	DPT-IPV	DPT-IPV-Hib	(Polio)	BCG	MR	Chickenpox	Japanese Encephalitis	DT	Cervical Cancer
			Rotarix	RotaTeq											
Sembanishi BABA Clinic ※7	1-6-7 Sembanishi, Miwatsuru Bldg. 2F	729-0148									▲		▲	●	
SUDOU Naika Clinic ※1	1-8-9 Sembanishi, SPA (Maida Bldg.) 1F	728-7353									▲		▲	●	
MANIWA Clinic ※8	2-3-9 Sembanishi, Minoh Sembanishi Medical Center 2F	727-1000									▲		▲	●	●
OISHI Clinic ※1	3-6-32 Sembanishi, Minoh Semba Clinic Bldg. 3F	728-0018									▲		▲	●	●
Tamatani Kids Clinic	3-6-32 Sembanishi, Minoh Semba Clinic Bldg. 1F	726-3131	●	●	●	●	●	●	●	●	●	●	●	●	●
KT Clinic	3-6-32 Sembanishi, Minoh Semba Clinic Bldg. 2F	727-3338													●
MIZUNO Naika Clinic ※9	3-11-13 Sembahigashi, CIELIA Minoh Semba 101B	727-1800											▲	●	●
East / North Minoh															
KUSAKA Clinic ※3	1-33-3 Aomadanihigashi, Fields Minoh Bldg. 1F	749-3717											▲	●	
MIHO Clinic	5-25-23 Aomadanihigashi	726-0909	●	●	●	●	●	●	●	●	●	●	●	●	●
MINAMI Clinic ※1	1-1-12 Aomadanihigashi	768-8120									▲		▲	●	●
ARAKI Iin	2-6-4-101 Aomadanihigashi	729-6563	●		●	●	●	●	●	●	●	●	●	●	
YOKOYAMA Smile Naika Clinic ※1	3-7-7 Aomadanihigashi	726-4580									▲		▲	●	●
NINJU Clinic	3-15-10 Aomadanihigashi	700-1499	●	●	●	●	●	●	●	●	●	●	●	●	●
HOSOI Clinic	1-4-13 Aogeiin	727-0234	●	●	●	●	●	●	●	●	●	●	●	●	●
SAWARAGI Ladies Clinic	6-3-5 Aogeiin	726-1103													●
ISHIDA Clinic	4-27-33 Onoharahigashi	727-1177	●		●	●	●	●	●	●	●	●	●	●	●
SUMI Naika Clinic ※3	5-2-8 Onoharahigashi, Annex Minoh Bldg. 1F	727-2100											▲	●	
SUNADA Iin	5-4-12 Onoharahigashi	728-9660	●		●	●	●	●	●	●	●	●	●	●	●
Naika Geka NIIMI Iin	5-12-32 Onoharanishi, Tingal Court Bldg. 1F	735-7150			●	●	●	●	●	●		●	●	●	●
TAKIZAWA Shonika (Pediatrics)	6-12-1 Onoharanishi, Iwanaga Bldg. 103	729-3455	●		●	●	●				●	●	●	●	
TERIHA NO SATO Minoh Hospital	561 Shimotodoromi	739-0501			●			●	●		●	●	●	●	
KIMUTAKU Clinic Shimmachi Branch	1-1-6 Shimmachinaka, Minoh Shimmachi Area Center	733-2255	●	●	●	●	●	●	●	●	●	●	●	●	●
NAKAGAWA Clinic Shimmachi Shinryojo	3-9-7 Shimmachinaka	703-4870				●	●	●	●	●		●	●	●	

※1 NAKA Clinic, YASUFUKU Naika Clinic, HOMMA TARO Clinic, FUJIMOTO Clinic, UMEMURA Naika Clinic, SUDOU Naika Clinic, OISHI Clinic, MINAMI Clinic, and YOKOYAMA Smile Naika Clinic only give vaccinations to children age 3 and over
※2 ISHII Seikeigeka (Orthopedics) only gives vaccinations to children age 5 and over
※3 MOMIJI Zaitaku Shinryojo, SAKURADORI Junkanki Shokaki Naika, NAGAI Naika Circulatory Organ Clinic, KUSAKA Clinic, and SUMI Naika Clinic only give vaccinations to children Elementary School age and over

※4 MONTA Naika Clinic only gives Japanese Encephalitis vaccination for period II/in special cases
※5 IMAI Geka only gives vaccinations on Saturday, only accepts family patients
※6 TANAKA Naika Iin only gives vaccinations to children age 1 and over
※7 Sembanishi BABA Clinic only gives the Japanese Encephalitis vaccination to children age 9 and over, Measles-rubella (MR) period II only
※8 MANIWA Clinic only gives routine vaccinations to children Elementary School age and over. Siblings of patients receiving routine vaccinations at the same clinic can only get Measles-rubella (MR) period II
※9 MIZUNO Naika Clinic only gives Japanese Encephalitis vaccination period II

Ad

「もしも」のためのサポート

箕面市医師会では、市民のみなさまに役立つ医療に関する情報を提供しています

一般社団法人
箕面市医師会

〒562-0014 箕面市萱野5丁目1-14 TEL 072 (729) 2299
<http://www.minoh-osaka.med.or.jp/>

Ad

かかりつけ薬局を持ちましょう

箕面市薬剤師会は
保険調剤薬局として地域医療の一躍を担うとともに
市民のみなさまの健康をサポートします

一般社団法人 **箕面市薬剤師会**

事務局 〒562-0014 箕面市萱野5丁目1-14
TEL 072(729)1929
<https://www.minoh-pa.or.jp/>
箕面市薬剤師会 検索