

Protect yourself and your family from natural disasters

Survival Passport

Chapter 168

Be prepared for future disasters

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At 4:10 p.m. on 1 January last year, the Noto Peninsula Earthquake struck from its epicenter in the Noto region of Ishikawa prefecture. This caused intensity level (shindo) 7 shaking across surrounding areas, the highest level on the scale.

We don't know when another large earthquake like this will strike again.

It is important to think about what to do if a disaster strikes, so that you can take appropriate action wherever you are without panicking.

When disaster strikes, the actions you should take change depending on when and where you are

Earthquake strikes in the daytime...

The Great East Japan Earthquake struck at 2:46 p.m.

- Your family is separated
- Public transport stops, getting home is difficult
- Fires could break out in kitchens
- Less people to help in rural areas

Earthquake strikes in the nighttime...

The Great Hanshin-Awaji Earthquake struck at 5:46 a.m.

- Most people are home
- People get trapped in collapsed houses and under furniture
- You need a light to be able to see
- Lack of light delays rescue efforts

If an earthquake strikes when... (e.g. you are working)

6:00 a.m. Wake up

Breakfast

I turned off the stove! What do I do next?!

9:00 a.m.

Take kids to school    We're halfway to daycare... Should we turn back or keep going?

Go to work

Travel for work

The train suddenly stopped! People are injured inside!

12:00 p.m.

Lunch     The shop is on fire! Where should I escape to?

3:00 p.m.

Serve customers     The customers are panicking! How should I guide them?

6:00 p.m.

Pick up kids     The train stopped and I can't get home! I'm worried about my kids...

Get home

Dinner     There's a blackout and we can't see anything! Where is the flashlight?

9:00 p.m.

Sleep

Think about what will happen and what you will need in a disaster, and make sure you are always ready.

For example

It takes time for help to arrive directly after a disaster → prepare 3 days of water and food supplies

Water and power outages → put everything you need into an emergency bag, etc.

More info here! (Japanese only)