

# Be prepared for future disasters

At 4:10 p.m. on 1 January this year, the Noto Peninsula Earthquake struck from its epicenter in the Noto region of Ishikawa prefecture. This caused intensity level (shindo) 7 shaking across surrounding areas, the highest level on the scale. We don't know when another large earthquake like this will strike again. It is important to think about what to do if a disaster strikes, so that you can take appropriate action wherever you are without panicking.

Protect yourself and your family from natural disasters

## Survival Passport

Chapter 157

When disaster strikes, the actions you should take change depending on when and where you are

Earthquake strikes

in the **daytime...**

The Great East Japan Earthquake struck at 2:46 p.m.

- Your family is separated
- Public transport stops, getting home is difficult
- Fires could break out in kitchens
- Less people to help in rural areas

Earthquake strikes

in the **nighttime...**

The Great Hanshin-Awaji Earthquake struck at 5:46 a.m.

- Most people are home
- People get trapped in collapsed houses and under furniture
- You need a light to be able to see
- Lack of light delays rescue efforts

If an earthquake strikes when... (e.g. you are working)

6:00 a.m.	Wake up	
	Breakfast	I turned off the stove! What do I do next?!
9:00 a.m.	Take kids to school	We're halfway to daycare... Should we turn back or keep going?
	Go to work	
	Travel for work	The train suddenly stopped! People are injured inside!
12:00 p.m.	Lunch	The shop is on fire! Where should I escape to?
3:00 p.m.	Serve customers	The customers are panicking! How should I guide them?
6:00 p.m.	Pick up kids	The train stopped and I can't get home! I'm worried about my kids...
	Get home	
	Dinner	There's a blackout and we can't see anything! Where is the flashlight?
9:00 p.m.	Sleep	

Think about what will happen and what you will need in a disaster, and make sure you are always ready.

For example

It takes time for help to arrive directly after a disaster ➡ prepare 3 days of water and food supplies  
Water and power outages ➡ put everything you need into an emergency bag, etc.

More info here!  
(Japanese only)



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