

If the Earthquake Early Warning sounds

The most important thing is to protect yourself!

There are only a few seconds between the Earthquake Early Warning and when the shaking reaches you!

The most important thing is to protect yourself!

- 1 **Immediately search** for a place you can hide
- 2 If there is a desk or table, **hide under it**



Hiding after the shaking starts is too **SLOW!**



In order to protect yourself make sure you remember the following actions!

Hide under a table or a desk

Protect yourself by hiding under a strong table or desk in a place where things won't fall or collapse. Hold onto the legs tightly and prepare for strong shaking.



Over 6,400 people died in the Great Hanshin-Awaji Earthquake, 90% of these deaths were due to suffocation or being crushed by collapsed houses and falling furniture. In order to protect yourself during an earthquake the most important thing is to protect your body in a place where things won't fall or collapse on you. If the Earthquake Early Warning rings, hide under a table or a desk immediately!

- When you're inside
- When you aren't close to a table or a desk
- When you're outside

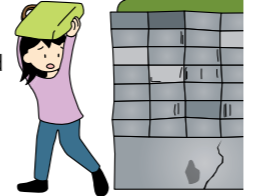
Use what is around you to protect your head

For example a pillow, bag or even a shopping basket. If there's nothing, cover your head with your coat or protect it with your hands. Move to a place where things won't collapse or fall on you and curl up.



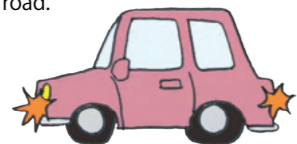
Move away from dangerous places

Move away from dangerous places such as near concrete walls, vending machines, and old buildings. Be careful of falling objects such as glass, signs, roof tiles etc. Protect your head with your bag and move to a wide open area.



- **Driving**
Put your hazard lights on and slowly pull over to the left of the road.
- **On a train or bus**
If you're sitting, crouch down and hold your bag over your head. If you're standing, hold onto the handrails or other handholds tightly.
- **In an elevator**
Press the buttons for all of the floors and get off at whatever floor it stops at.

If you get an emergency warning alert! when you're



The Earthquake Early Warning System is... an alert that tells you when an earthquake has started and soon the shaking will reach you. A few seconds or so before the shaking starts televisions and cellphones will start making a special noise and will tell you things like how big the quake is. It is sent to your cellphone as an emergency warning alert.

Osaka 8.88 Million Drill

The "Osaka 8.88 Million Drill" is held during Disaster Prevention Week (30 August - 5 September). Osaka Prefecture sends emergency warning alerts simultaneously to the cellphones of everyone inside the prefecture as a practice drill. Use this as a chance to react as though there really was an earthquake and think about what you would do.

The practice drill emergency warning alert will be sent on 3 September (Friday)

- At 1:33 pm Major Tsunami Alert (a practice alert will be sent by the prefecture)
- At 1:45 pm An emergency warning alert (a practice alert will be sent by the city)

Q During last year's drill, did your cellphone receive a notification?

- 1 **Yes**
- 2 **No**
- 3 **I have since bought a new cellphone**

You'll receive it this year too

Please check that you can receive emergency warning alerts
※All cellphones sold since 5 September 2012 can receive emergency warning alerts. But some cellphones will need to have the settings changed in order to receive the alerts.

You can check how to configure the setting for emergency warning alerts for each cellphone company through the QR codes below.

NTT Docomo
How to configure the settings for the "area mail" emergency warning alert
Use the QR code on the right
Or for a comprehensive guide, call 151 from an NTT Docomo cellphone (free)

au
How to configure the settings for the emergency warning alert
Use the QR code on the right
Or for a comprehensive guide, call 157 from an au cellphone (free)

Softbank
How to configure the settings for the emergency warning alert
Use the QR code on the right
Or for a comprehensive guide, call 157 from a softbank cellphone (free)

※Please check the above or ask at your local cellphone store. For those using cellphones with companies other than those listed above, please check directly with the company.

Alongside the Osaka 8.88 Million Drill

Imagine what you should do in a disaster Please prepare an emergency bag!

Prepare a backpack filled with things you might need in a power or water outage, or if you need to evacuate quickly. Place the bag near the entrance of your home.

- A backpack is best because it leaves your hands free!**
- Batteries
 - Handheld radio
 - Flashlight
 - Portable battery charger
 - Emergency toilet
 - Whistle (to call for help)
 - Things you might need
 - ※ A little bit of water and some snacks
 - ※ Milk powder and diapers for babies
 - ※ Your regular medicine
 - ※ Contact lens (or a spare pair of glasses)
 - ※ Menstrual products
 - ※ Tissues
 - ※ Masks
 - ※ Thermometer
 - ※ Alcohol-based sanitizer

Please prepare the following in case of an evacuation during a COVID-19 outbreak!
To prevent the spread of COVID-19 (Coronavirus), we will prepare safety measures in evacuation centers, such as ensuring sufficient space. However, as many people may be evacuating at once, please make the following preparations in advance.

- **Prepare masks and other anti-infection products**
At evacuation centers, alcohol-based sanitizer will be provided. Masks, thermometers and other supplies will be available, however, supplies will be limited. Please prepare these items in your emergency kit to bring with you for evacuation.
- **Please consider evacuating to a relative or a friend's house**
To avoid crowded shelters, please consider evacuating to a relative or friend's household outside of the disaster-affected area where possible.

Take this chance to practice using the Disaster Emergency Message Dial together with your family.

When all of your family members are separated, how will you contact each other if there is an earthquake? Talk as a family about protection against natural disasters and how you will contact each other in times of critical need. On the day of this practice event you can try out NTT's Disaster Emergency Message Dial. (You usually can only use this in the event of an actual disaster).

You can try it from 9am Friday 30 August - 5pm Thursday 5 September (24 hours)

- Days you can try it out**
- Disaster Prevention Week - 9am 30 August - 5pm 5 September
 - Every month on the 1st and 15th
 - 1, 2, 3 January
 - Disaster Prevention and Volunteer Week 9am 15 January - 5pm 21 January
- ※Please take care as when you make a phonecall there is a charge.

The Osaka 8.88 Million Drill will be run this year too
Earthquake Early Warning System!
When it rings, what should you do?